

SQUASH AND BEYOND

Since 2003



SUMMER 2018



DEAR SQUASH PLAYERS AND PARENTS,

Like its home, Williams College, Squash and Beyond Camps attract young people of many parts. Some are writers, mathematicians or avid scientists. Others have a passion for travel and learning languages. Still others seek opportunities for community service. And there are some who just want to improve their driving skills — whether on the road or the golf course. What connects them all, however, is a love of squash and a desire to sharpen their game, whether it be for next season or a lifetime of playing the game.

Founded in 2003, Squash and Beyond combines squash training with some of the best and most well-known players and coaches in the world with educational and travel programs led by faculty from some of the nation's premier independent schools. Its base is the Simon Squash Center at Williams, a twelve-court facility at the very center of the College's beautiful campus in the Berkshire Mountains of western Massachusetts. Within a five minute walk is delicious food in the dining hall and at the restaurants that line Williamstown's iconic Spring Street. Not much farther are the cultural attractions of Williamstown: the world-renowned Clark Art Institute and the famous Williamstown Theater Festival are no more than a casual stroll away. Surely no summer squash camp is located in a more beautiful, cultured and safe environment than Squash and Beyond.

If you're looking for opportunity to not only improve your squash but to test yourself against international competition, or to become a better writer or increase your fluency in a foreign language, or to simply have fun, a Squash and Beyond program should be central to your summer plans. I look forward to hearing from you.



Sincerely,
Zafi Levy

Founder and Director, Squash and Beyond
Head Coach, Williams College Men's and Women's Squash



To keep young players motivated and energized, we balance intensive squash training with after-practice fun. A mix of group activities offers variety, outdoor exercise, and opportunities for campers to interact socially.

Helping each group to bond, our recreational programs contribute to a rich and memorable camping experience. Depending on the week and the weather, Squash and Beyond campers will take a break from squash training in one of the following popular activities:

Our partnership with [Crab Apple Whitewater](#) provides our campers with the experience of kayaking down the Deerfield River — a great way to see the Berkshires and to spend a warm summer day outside and active. The kayaks are easy to paddle and very stable, allowing campers a taste of white-water kayaking with minimal risk. Single kayaks are great for those 12 years old and over who want the freedom to challenge the river on their own, while bigger boats allow younger campers to enjoy the trip with an adult close by.

[Ramblewild](#), only 20 minutes from the Williams College campus, is the premier aerial adventure park in the Berkshires, set on 10+ dedicated acres in the middle of over 1,400 acres of pristine New England forest.

Courses meander from tree to tree at various heights throughout the forest and include elements like high wires, zip lines, balancing logs, rope ladders, cargo nets, suspended bridges, and more. Four of the eight courses cross over the ravine via zip lines that will keep you over 100 feet above the bottom.

[Jiminy Peak Mountain Resort](#), located within a 20 minute drive from the Williams College campus, is the top adventure park in New England. The highlight of the park is the Mountain Coaster, first of its kind on the East Coast. Popular in Europe, the Coaster is thousands of feet of twisting, turning fun through the woods. You control your speed so you may take a leisurely ride or get your thrills at speeds up to 23 mph.

Other highlights of our after-practice programs include an evening soccer tournament, and movie night. In addition, during the hottest weather, we take campers to [Bosquet Water Park](#) in the Berkshires to enjoy an afternoon of swimming, miniature golf and go-carting.

SQUASH & EDUCATION

Over the past few years, some of our most popular programs have combined our signature squash and activities programs with writing and SAT/ACT prep courses. As is the case with everything we offer at Squash and Beyond, balance is the key: we want our campers to become better squash players and more effective students while having a fun summer experience they will remember all their lives.

Squash and Beyond is the only camp to offer educational programs as an optional component to the weekly squash program. led by master instructors from prominent boarding and day schools, many of whom are also accomplished juniors squash coaches, the program offers enrichment courses for students in grades 8-12 and, for rising seniors, classes that address the requirements of the college admissions process. Those who enroll in our educational programs follow the same training regimen as their strictly-squash fellow campers, but meet for classes each day during a 90-minute lunch break and occasionally after dinner. Each Squash and Beyond educational course is focused on achieving a closely defined objective by the end of the week, whether it be finishing an essay, mastering test-taking skills, or completing a service project.

The educational program for Summer 2018 includes the following courses: Creative Writing, Essay Writing, Writing the College Essay, ACT and SAT Preparation, Mathematics, Science, Driving School and Community Service.



4:1

PLAYER-TO-COACH RATIO

2:1

PLAYER-TO-COURT RATIO

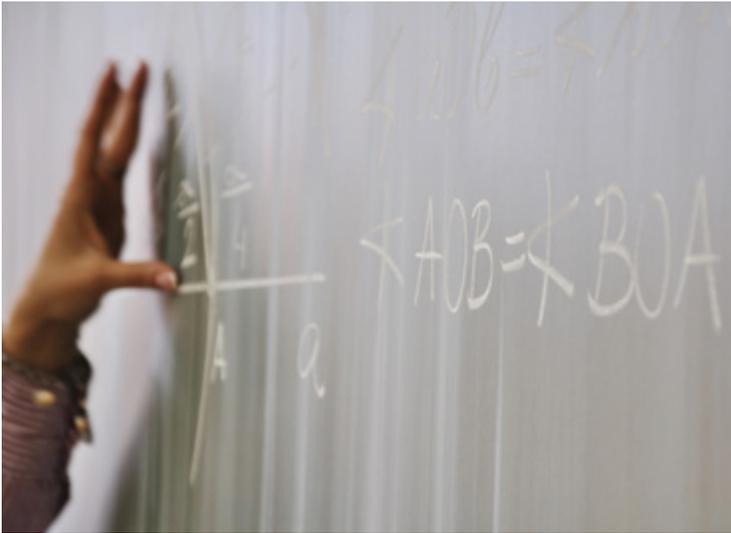
VIDEO ANALYSIS

INDIVIDUAL INSTRUCTION

STRENGTH & CONDITIONING

SQUASH & MATH

SESSION 1: JULY 15 – 20 (Ages 12-16) | SESSION 2: JULY 22 – 27 (Ages 10-14)



The Williams College Squash and Beyond Education program expands in the summer of 2018 to include a Mathematics component for middle school students. As with other Squash and Beyond education programs, our philosophy remains the same: helping students improve their squash game while also promoting their passion for math in a fun environment.

Students will take an entrance exam upon arriving to camp to assess his or her level. All levels will be rigorous and academically challenging, but we will differentiate and pace accordingly. All students will focus on different levels of both algebra and geometry, the foundations of high school mathematics.



Central to the curriculum will be the engaging opportunity to connect math with sports, money, and other real life applications. Specifically, students will explore the concepts of quadratic behavior, which is how the physics of sports can be described mathematically. The parabolas they study will mirror those of a long home run, a field goal in football, an arching three-point basket made in basketball or a lob in tennis or squash. They will also delve into the many geometric shapes found in everyday life, such as compound interest and the basics of probability. There will be games, projects and fun problems, to challenge students on all levels.



MEET THE TEACHER

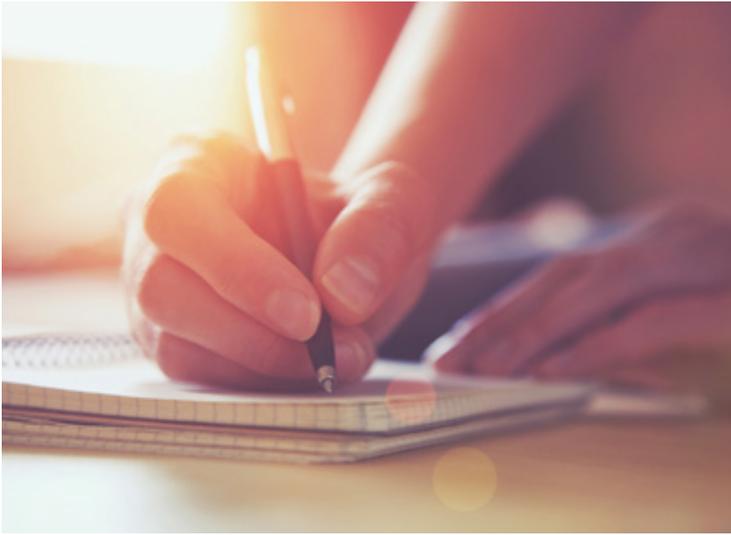
Robert Thistle is the Mathematics Department Chair at Mount Greylock Regional High School in Williamstown, MA. He has been teaching for 26 years and has taught every high school mathematics course, from Algebra 1 to AP Calculus. Mr. Thistle, who has been on the faculty of the Squash and Beyond Education program for three years, has over a decade of experience teaching SAT/ACT courses, and was the 2014 recipient of the Kapteyn Award for excellence in teaching, given annually in the Berkshire region. Mr. Thistle is also the boys varsity basketball coach at Mount Greylock.



HOW IT WORKS: The program will run for six days, beginning on Sunday afternoon. During the week campers will participate in math class from noon to 2 pm. Campers will not miss out on any squash related activities and will attend all evening activities. There will be no homework assignments during the week.

SQUASH & CREATIVE WRITING

SESSION: JULY 15 – 20 (Ages 12-16)



Do you have an idea for a short story? Have you always wanted to write poetry? Or do you have a screenplay partially written, and you're looking for the feedback and time that will help you push through until the end?

From Edith Wharton, who wrote many of her classic novels just down the road from Williamstown in Lenox, MA, to National Book Award winner and Williams faculty member Andrea Barrett, many writers have found both the inspiration and time in the Berkshires to pursue and realize their art. Squash and Creative Writing is a workshop that offers campers the same environment, surrounded by a dramatic mountain backdrop, that will enable them to both train for the squash season and embark on or finish a writing project in a week.



Squash and Creative Writing campers spend much of their time putting pencil to paper – or fingers to keyboard – and learn how to share their work with each other in productive ways. The workshop is headquartered at Williams College's Paresky Center, just above the dining hall, but takes advantage of other inspiring, writing-friendly venues within walking distance of the squash courts and dormitory.



MEET THE TEACHER

Jim Moore, chairman of the English department and director of the squash program at Blair Academy, is also the faculty advisor to the literary magazine. A writer of fiction and non-fiction, Jim has served as board chairman of Writers & Books, a literary organization with over 5,000 members in Rochester, NY. Before becoming a full-time teacher, Jim directed the college counseling offices at Blair Academy and Savannah Country Day School in Georgia; he also served as director of alumni relations at the University of Rochester's William E. Simon Graduate School Business. Jim earned a B.A. in English from Cornell University and has been a Squash and Beyond staff coach, writing teacher, and international trip leader since 2012.



HOW IT WORKS: Although they'll spend two hours a day of writing and critiquing, Squash and Creative Writing campers will engage in the same squash training and social activities as those who are at Squash and Beyond solely to play squash. Writing sessions take place between and after training sessions. At the end of the week, campers will return home with some good writing in addition to sharpened squash skills and increased fitness. (Note: all Squash and Beyond writing courses require that students bring a laptop to camp.)

SQUASH & WRITING

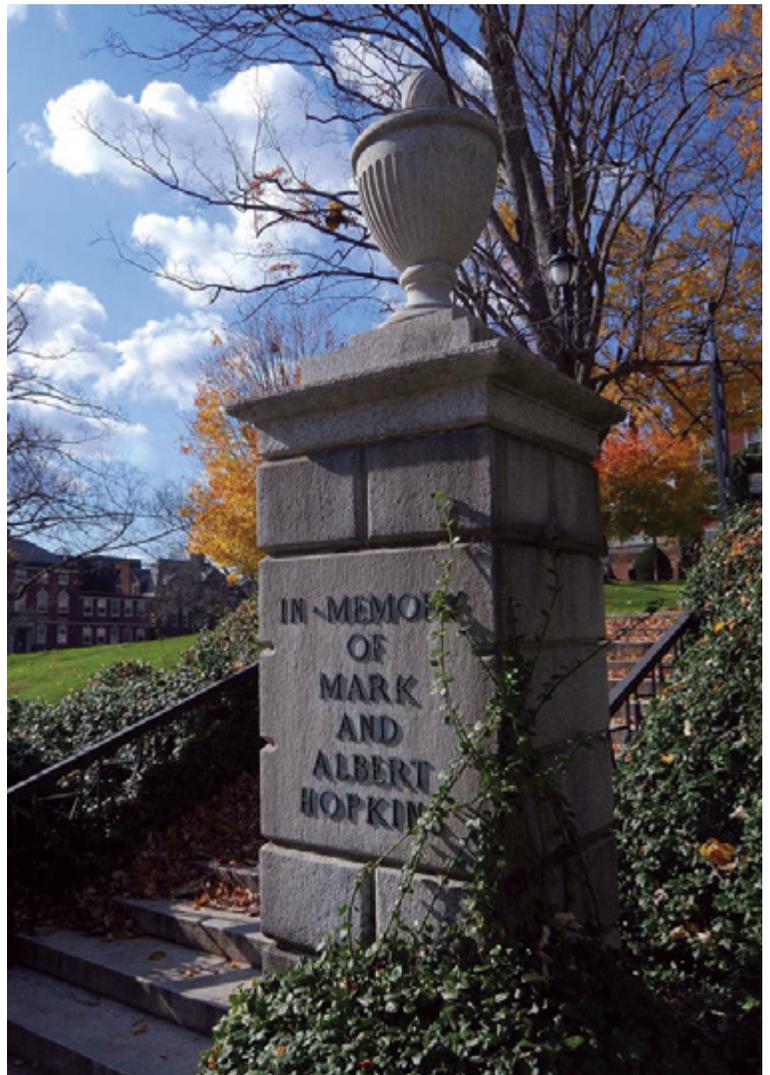
SESSION 1: JULY 8 – 13 (Ages 12-16) | SESSION 2: JULY 22 – 27 (Ages 10-14)

This hands-on program is designed to help student-athletes ages 12–16 develop the qualities that set the most successful writers apart: enthusiasm, confidence, and curiosity. By experimenting with style, form, and a range of genres from memoir to sports writing, participants will build rhetorical awareness while acquiring a better sense of who they are as writers. During each writing session, campers will write, discuss, and engage in interactive writing exercises, all in a supportive environment. Campers will also receive individualized feedback about their writing from the instructors. The program is limited to 12 participants, and campers will complete a total of 20 hours of writing instruction throughout the week. Writers of all levels are welcome.

The workshop is headquartered at Williams College's Paresky Center, just above the dining hall, but takes advantage of other inspiring, writing-friendly venues within walking distance of the squash courts and dormitory.

MEET THE TEACHER & COACH

Chuck Ptak is an English teacher and girls varsity squash coach at the Nichols School in Buffalo, NY. A graduate of both Franklin & Marshall College (B.A.) and Wesleyan University (M.A.), he has also been a Klingenstein Fellow at Columbia University. During his time as a college counselor at Nichols, Chuck spent countless hours working with students on college essay drafting and editing. In addition to his teaching duties, Chuck is also a staff coach at Squash and Beyond.



HOW IT WORKS: The Squash and Writing program offers the same level of squash training as any other squash session during the summer at Squash and Beyond Camps, combining twice-daily training with an intensive writing workshop. After dinner, campers will participate in fun outdoor activities through 9 PM. Upon return from the night activities, each camper will be responsible for completing one hour of homework before going to bed. (Note: all Squash and Beyond writing courses require that students bring a laptop to camp.)

SQUASH & SCIENCE

SESSION: JULY 22 – 27 (Ages 10-14)



The Williams College Squash and Beyond program will expand in the summer of 2018 to include a Science component for middle school aged students. As with other Squash and Beyond education programs, our philosophy remains the same; helping students improve their squash game while also promoting their passion for Science in a fun environment.

As part of the Squash and Science Camp participants will conduct chemical experiments every day in a Williams College laboratory. After an initial introduction to laboratory equipment and techniques, camp participants will begin testing hypotheses through experiments that will reveal fundamental principles of the molecular world.

The topics covered during the week-long experience will include the fundamental nature of all the stuff in the universe, the structure and properties of substances in terms of the forces that hold atoms and molecules together, and the principles of chemical reactivity examined through a variety of chemical reactions.

At the end of each lab the instructors will demonstrate a series of chemical mysteries that will set the stage for the next day's experiments.



MEET THE TEACHER

Since 1985, **Professor Charles (Chip) Lovett, PhD**, has been a member of the Chemistry Department at Williams College, teaching a variety of courses including introductory chemistry, biochemistry, and the chemistry of AIDS. He has also served as Director of the Science Center, Chair of the Science Executive Committee, and Chair of the Science Funding Committee, Chair of the Chemistry Department, the Biochemistry and Molecular Biology Program, and the Bioinformatics, Genomics, and Proteomics Program. Professor Lovett has been director of the Summer Science Program for science-oriented incoming Williams students from disadvantaged backgrounds since 1998. He also conducts a summer science program at Williams for 5th and 6th grade students.



HOW IT WORKS: The program will run for six days, beginning on the Sunday afternoon. Campers will take part in ten hours of science labs. During the week campers will participate in a science lab from 12 noon to 2 pm. Campers will not miss out on any squash related activities and will attend all evening activities. There will be no homework assignment during the week.

SQUASH & DRIVING SCHOOL

SESSION: JULY 1 – 13 (Ages 16-18)

While it might be nice to think that learning to drive under the watchful eye of a parent is one of those teenage rites of passage that both parties can look back on with a sort of fond nostalgia, there are reasons for driver's education classes and a market that supports driving schools. Indeed, involving a third party for driving instruction might very well do more to preserve the equilibrium of the parent-child relationship during the teen years than even sending a son or daughter to camp to improve his or her squash game.

From a purely practical perspective, taking driving lessons during the school year is difficult for most students to schedule. Furthermore, for many young drivers, the prospect of taking the wheel for the first time in busy urban and suburban areas is intimidating. Given our interest in not only preserving family unity and giving kids a safe, unhurried opportunity to learn to drive, we now offer Squash and Beyond Driving.

Participants in the Squash and Beyond Driving program will enjoy the same super elite squash training while learning to drive through Berkshire based Dave's Driving School. Williamstown and the surrounding towns are ideal environment for teenagers to take driving lessons on safe, uncrowded roads.



HOW IT WORKS: Lessons will be booked early in the day, before training sessions, during lunch break, or after squash each day. Squash and Beyond staff will coordinate all driving logistics for the lessons. During each driving lesson, the student will drive for one hour and observe another student driver for one hour. Parents pay Dave's Driving School directly for all lessons.

SQUASH & COMMUNITY SERVICE

SESSION: JULY 1 – 14 (Ages 16-18)

Squash and Beyond Camp has joined forces with the Berkshires Habitat for Humanity affiliate to assist in one of the local building projects scheduled for summer of 2017 in Berkshire County. This unique program is designated for campers age 16 and older who wish to train for squash and provide service to the community at the same time. Through Habitat for Humanity, Squash and Community Service campers will take part in two day-long sessions working on building an affordable home for a deserving member of the community.

Habitat for Humanity, or simply Habitat, is an international, non-governmental, not-for-profit organization devoted to building simple, decent, and affordable housing. Habitat homes are built using volunteer labor and are sold at no profit. While they are on the building site, campers will be supervised at all times by the Berkshire Habitat affiliate program staff.



HOW IT WORKS: The goal of this program is to combine super elite squash training with some of the world's best coaches and the opportunity to take part in an intensive community service project. Campers will work all day Saturday at the Habitat site. They will return on Wednesday for another session. As with any Squash and Beyond program, campers will benefit from 30 hours of squash training and take part in our activities each evening.

SQUASH & COLLEGE PREPARATION

In 2010, Squash and Beyond Education was added to the Squash and Beyond offering. Over the past eight years, the program has expanded into several different fields of education including college recruiting, college essay, and SAT/ ACT preparatory.



SQUASH & COLLEGE RECRUITING I

SESSION: JUNE 24 – 29

Squash and College Recruiting is designed for rising high school sophomores and juniors interested in pursuing their squash careers at the collegiate level. Throughout the week, head coaches from five college squash programs will each lead a daily training session and watch all matches. Each evening, the coach of the day will conduct an information session about his school and discuss the best ways for campers to approach the recruiting process.



MEET THE HEAD COACHES



Chris Sachvie
Dickinson College



Gavin Jones
Franklin & Marshall College



Tim Riskie
Hobart College



Chris Abplanalp
St. Lawrence University



Zafi Levy
Williams College

SQUASH & COLLEGE RECRUITING II

SESSION: AUGUST 5 – 10 (NESCAC Schools)

Squash and College Recruiting is designed for rising high school sophomores and juniors interested in pursuing their squash careers at the collegiate level. Throughout the week, head coaches from four college squash programs will each lead a daily training session and watch all matches. Each evening, the coach of the day will conduct an information session about his school and discuss the best ways for campers to approach the recruiting process.



MEET THE NESCAC HEAD COACHES



Sakhi Khan
Colby College



Michael McDonald
Connecticut College



Jamie King
Hamilton College



Mark Lewis
Middlebury College



Zafi Levy
Williams College

SQUASH & COLLEGE ESSAY

SESSION: JUNE 29 – JULY 6 (Rising High School Juniors & Seniors)



Each February, admissions officers throughout the land pore over stacks of documents, searching for something to distinguish an applicant from the thousands of others who present good grades, strong test scores and effusive recommendations. Very often, what creates that distinction is an essay that reveals what transcripts, score reports and even the most thoughtful and observant recommendations do not: a first-hand look at how a student thinks and writes.

The College Essay Workshop is a week-long program for students who plan to apply to college within the next two years. Combining daily squash training with an intensive essay writing workshop, it offers the same level of athletic experience as any other squash session during the summer at Squash and Beyond Camps. By the end of the week, campers will have completed drafts of one main application essay and one supplemental essay.

The workshop is headquartered at Williams College's Paresky Center, just above the dining hall, but takes advantage of other inspiring, writing-friendly venues within walking distance of squash courts and dormitory.



MEET THE TEACHER

Jim Moore, chairman of the English department and director of the squash program at Blair Academy, is also the faculty advisor to the literary magazine. A writer of fiction and non-fiction, Jim has served as board chairman of Writers & Books, a literary organization with over 5,000 members in Rochester, NY. Before becoming a full-time teacher, Jim directed the college counseling offices at Blair Academy and Savannah Country Day School in Georgia; he also served as director of alumni relations at the University of Rochester's William E. Simon Graduate School Business. Jim earned a B.A. in English from Cornell University and has been a Squash and Beyond staff coach, writing teacher, and international trip leader since 2012.



HOW IT WORKS: This is a seven-day program, beginning on Friday before the squash-only campers arrive. Campers will write, discuss and perfect their essays for two hours between squash sessions during the week. After dinner each evening, campers will participate in fun outdoor activities through 9 PM. At night, the campers will spend 60 minutes working on their individual college essay before going to bed. (Note: all Squash and Beyond writing courses require that students bring a laptop to camp.)

SQUASH & SAT / ACT

SESSION I: SAT: JUNE 29 – JULY 6 (High School Sophomores, Juniors & Seniors)
SESSION II: ACT: JULY 6 – 13 (High School Sophomores, Juniors & Seniors)

For the tenth year in a row, Squash and Beyond will offer a squash training session combined with an standardized test preparation course. As the SAT and ACT have become increasingly similar, our curriculum is now able to focus on improving campers' understanding of test strategies for both exams in once concentrated period.

Campers may choose from one of two classes within the Squash and SAT/ACT program: Math or Critical Reading. Each class will be limited to 20 students, so the instructors are able to provide each camper with individual attention. The course is designed for campers entering freshman year in high school or older.

The SAT/ACT course includes multiple practice exams that will be administered during the week.



MEET THE MATH TEACHER

Robert Thistle is the Mathematics Department Chair at Mount Greylock Regional High School in Williamstown, MA. He has been teaching for 26 years and has taught every high school mathematics course, from Algebra 1 to AP Calculus. Mr. Thistle, who has been on the faculty of the Squash and Beyond Education program for three years, has over a decade of experience teaching SAT/ACT courses, and was the 2014 recipient of the Kapteyn Award for excellence in teaching, given annually in the Berkshire region. Mr. Thistle is also the boys varsity basketball coach at Mount Greylock.



MEET THE CRITICAL READING TEACHER

A.J. Kolhepp earned his B.A. from Trinity College and a Ph.D. from the University of Texas at Austin. A.J. has served as the English Department Chair at the Berkshire School and taught all levels of English, as well as coaches Berkshire's squash and baseball teams. In addition to his teaching duties, A.J. is also a staff coach at Squash and Beyond.



HOW IT WORKS: The SAT/ACT Math class begins on Friday, before squash-only campers arrive on Sunday. The Critical Reading class begins on Sunday. Both classes meet during the lunch breaks between daily squash sessions.

SQUASH & LANGUAGE

Squash and Beyond is pleased to offer squash programs that combine intensive squash training with foreign language immersion. Hosted for the second year on the Williams campus, each two-week program will enable campers to strengthen their squash games and improve their foreign language skills.



Both Squash and French language and Squash and Spanish language are for campers grades 9-12, offering a fantastic Berkshires setting for language study.

These programs are open to high school squash players who have had at least one year of French language instruction (for the French programs), one year of Spanish language instruction (for the Spanish programs), or equivalent language experience outside the classroom. Our programs are small enough for our language instructors to be able to accommodate a variety of language levels, from second year through advanced.

HIGHLIGHTS

- Improve your squash game while training five hours each day.
- Receive 3 hours of language instruction daily
- Gain confidence and skill in speaking French or Spanish
- Enjoy all night activities offered by Squash and Beyond

4:1
PLAYER-TO-
COACH RATIO

2:1
PLAYER-TO-
COURT RATIO

SMALL
CLASS SIZE

INDIVIDUAL
INSTRUCTION

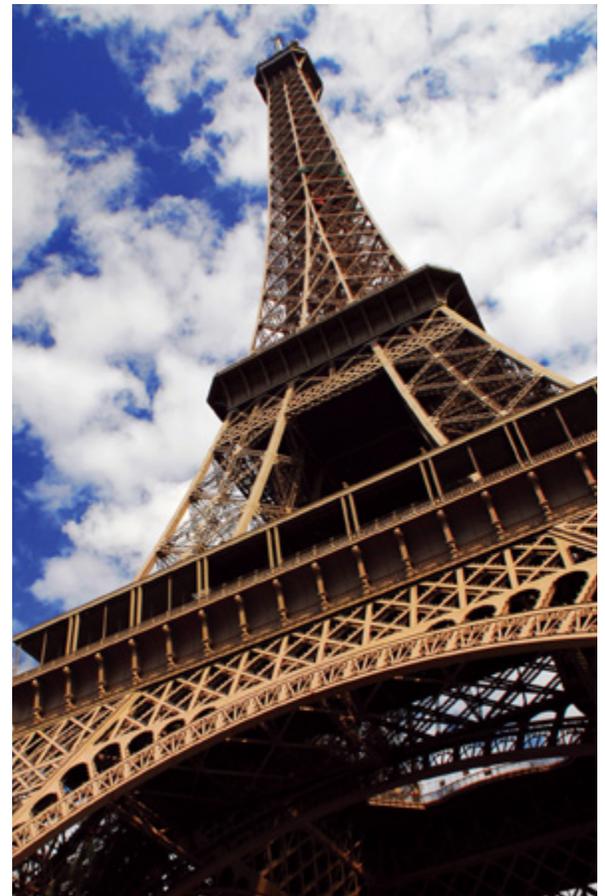
IMPROVE
YOUR FRENCH
OR SPANISH

SQUASH & FRENCH

SESSION: JULY 1 – 13 (Ages 14-18)

Comment dit-on “boast” en Français?

This year, Squash and Beyond moves its language classes to the Williams campus, where campers have access to our full squash training program and recreational activities. Off the court, they immerse themselves in a non-English-speaking environment, living in the Spanish-only or French-only sections of the dormitory and eating three meals a day at the mesa espanol or la table francaise. Between squash sessions, campers in the French and Spanish sessions engage in formal language classes, taught by experienced language instructors who are either native speakers or have lived for extended periods in French or Spanish-speaking countries. Whether relatively new to the language they study or nearing fluency, Squash and Beyond-language campers will sharpen both their skills and comprehension with ten hours of instruction during the week and many more of conversational practice.



HOW IT WORKS:

Two week program

Intense squash training

Experienced language instructors

10 hours of language classes per week

10 hours of conversation per week

25 hours of squash training per week

Participation in all outdoor activities

SQUASH & SPANISH

SESSION: JULY 1 – 13 (Ages 14-18)



¿Qué es una “racquet” llamada en español?

This year, Squash and Beyond moves its language classes to the Williams campus, where campers have access to our full squash training program and recreational activities. Off the court, they immerse themselves in a non-English-speaking environment, living in the Spanish-only or French-only sections of the dormitory and eating three meals a day at the la mesa espanol or la table francaise. Between squash sessions, campers in the French and Spanish sessions engage in formal language classes, taught by experienced language instructors who are either native speakers or have lived for extended periods in French or Spanish-speaking countries. Whether relatively new to the language they study or nearing fluency, Squash and Beyond-language campers will sharpen both their skills and comprehension with ten hours of instruction during the week and many more of conversational practice.



HOW IT WORKS:

Two week program
Intense squash training
Experienced language instructors

10 hours of language classes per week
10 hours of conversation per week
25 hours of squash training per week
Participation in all outdoor activities

SQUASH & OUTDOORS



As much as Squash and Beyond campers love to be on the court, during the summer the call of the Great Outdoors is strong indeed, especially here in the beautiful Berkshires. That is why we are pleased to introduce our Squash and Golf and Squash and Fly Fishing Programs.

Squash and golf combines our regular world-squash training with three rounds at Williamstown's Waubeeka golf Club. Squash and Beyond Fly Fishing offers squash in the morning and afternoons on nearby streams and lakes with Orvis-certified fishing instructors who are also accomplished juniors squash coaches. Either choice promises Squash and Beyond campers a memorable week of learning and activity with knowledgeable guides, both indoors and out.



SQUASH & GOLF

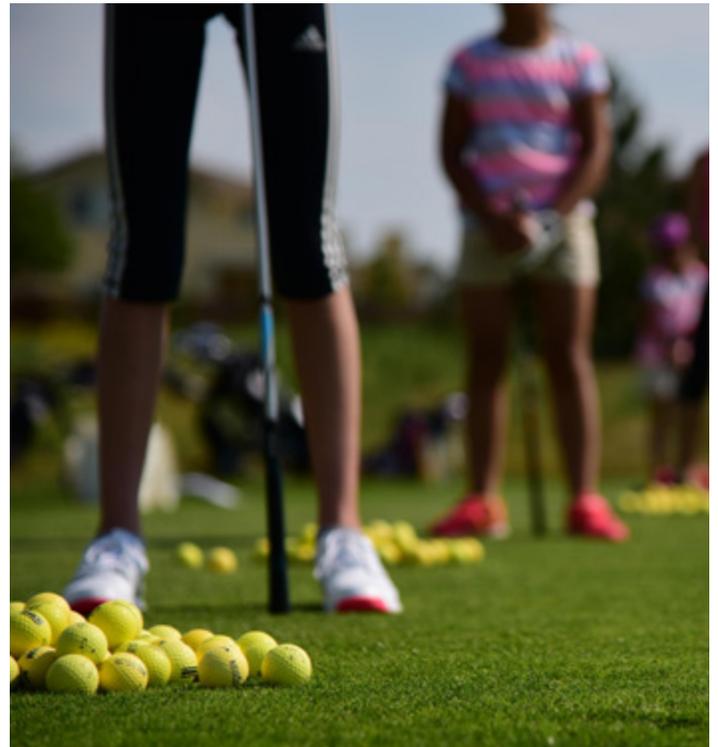
SESSION 1: JULY 15 – 20 (Ages 12-16) | SESSION 2: JULY 22 – 27 (Ages 10-14)



Nothing beat being out on the golf course on a beautiful summer day, surrounded by the backdrop of the beautiful Berkshire mountains.

Designed for the squash player with an additional passion for golf, this six-day program combines our elite squash training during the week with golf instruction and match play. Two afternoons during the camp, campers will travel to the Waubeeka golf links in Williamstown for a round on this pristine course set among the mountains. For those interested in improving their hitting skills, players may substitute a round for a lesson at the Waubeeka's driving range.

Transportation to and from the golf course will be organized by Squash and Beyond. Throughout the afternoon, all campers will be supervised by a staff coach, who will golf with the group. Players must bring their own golf clubs and golf shoes to camp. All green fees and transportation costs are included in the camp's registration fee.



SQUASH & FLY FISHING

SESSION: JULY 15 – 20 (Ages 14-18)

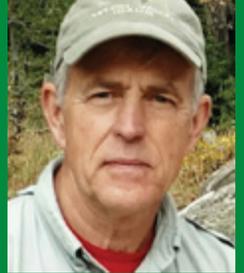
In this session campers enjoy full participation in Squash and Beyond camps at Williams College, while learning the basics of fly fishing from experts and coaches with years of experience on court and on the water.

Mornings will be spent with top squash coaches from around the world learning techniques and drills guaranteed to improve play. Each afternoon we will travel to area streams and lakes to learn how to cast, to read the water, to choose the right fly and technique, to create flies that catch fish, and to understand how fishing can deepen our connection to the natural world.

The week-long program is limited to 8 campers. Fishing equipment is available on loan, and information on licenses will be provided in advance.

MEET THE GUIDES

Tom Hodgson was a philosophy teacher and squash coach at Andover Academy for 40 years. He is an avid angler and outdoorsman, spending summers hiking and fly fishing in the Berkshires, British Columbia, and in Montana, Wyoming, and Idaho. Tom is the assistant varsity squash coach at Williams College, his alma mater, and holds a Masters Degree from Yale, as well.



SQUASH & MUSIC

Whether you're just learning how to play the piano or you've been studying the cello for years, a week of intensive squash training doesn't mean a week away from music. Just a five minute walk across campus from the squash courts and the dormitory, Williams College's beautifully appointed Bernhard Music Center is the air-conditioned, Steinway-equipped venue for our Squash and Music program.

Squash and Beyond Music offers instruction in piano, viola, cello, trumpet, and guitar. If a camper is interested in instruction in another instrument, it is likely we can find an experienced teacher from among the community of talented musicians who call Williamstown home during the summer

SESSION: JUNE 24 – AUGUST 17 (Ages 10-18)

HOW IT WORKS: In the break between squash sessions, campers will take daily lessons from experienced instructors in one of the Center's 23 practice rooms; following the afternoon squash session, they will have to option to return and practice what they learned during the day. As immersive as it is, the Squash and Music program allows campers to engage in the same squash and social activities as those who are at Squash and Beyond solely to play squash.



SQUASH & BOOTCAMP

Designed for experienced players with minimum national ranking of 150 or members of high school varsity teams . Boot camp sessions are physically demanding and highly competitive. restricted for players ages 13 and older.

This camp is to provide campers with the opportunity to be prepared physically and technically for the upcoming season. Elevate your game and elevate your fitness while receiving highly experienced instruction from our coaching staff. This camp will feature speed, agility and injury prevention training. The level of instruction provided are for those athletes looking to take it a step ahead in their development as squash players.

SESSION: AUGUST 12 – 17 (Ages 13-18)



SQUASH & WORLD TOURS

Players on our Squash and Beyond World Tours enjoy an exciting, culturally diverse, and challenging training experience. Our campers travel to safe European cities, including, Milan, Florence, and Porto. On each trip campers will train with the host country's national team coaches and compete in international "open" junior tournaments.

Our groups train at the most prominent squash clubs in every major city we visit. Playing in these different venues with a diverse, skilled range of athletes from around the world fosters a global network of friendships that can last long after Squash and Beyond campers' tournament days are over.

Alternating training with cultural exploration, players stay energized and avoid burnout, feeding their enthusiasm for both squash and travel. At each major stop on our itineraries, the group's leaders arrange trips to two or three of each city's top cultural sights. After a morning of squash practice, we might visit an historical site or art museum, sample the local cuisine, stroll along a famous boulevard, swim at a local beach, or simply take in some of the world's most beautiful scenery.



**VISIT
DIFFERENT
CITIES**

**LEARN
LEADERSHIP
SKILLS**

**PRACTICE
A FOREIGN
LANGUAGE**

**SAMPLE
A DIFFERENT
CUISINE**

**EXPAND
YOUR
HORIZONS**

SQUASH & TOUR OF ITALY & PORTUGAL

JUNE 11 – 25 (Ages 14-18)

ITALIAN JUNIOR OPEN: JUNE 15-17 | PORTUGUESE JUNIOR OPEN: JUNE 22-24



Play the Italian and Portuguese Junior Opens. Visit famous art museums. Eat amazing food. Go to the beach.

What better way to spend the first two weeks of summer than experiencing southern Europe within the framework of squash, art, and history? Squash and Art History will be structured around training for and playing in the Italian and Portuguese Junior Opens, which draw top players from around the world. In between, we'll spend our time engaging with art at the museums in Rome and Florence, and enjoying the restaurants and beaches in Riccione and Porto.

Campers train at Italy's and Portugal's most prominent squash clubs under the direction of former Italian National Coach Sonia Pasteris. The Italian Junior Open, held at Federazione Italiana giuoco Squash – the Italian national training center– draws over 160 players each year from every continent. The Portuguese Junior Open in Porto takes place at the Complexo Desportivo Monte Aventino, adjacent to the FC Porto soccer stadium. Our training and competition schedule at both venues will be punctuated by trips to nearby beaches.

Throughout the tour, campers will tour of some of the most venerable art museums in the world, while exploring these ancient cities. The attractions of Rome, Florence, and Porto are almost too numerous to list, but while we're there we'll see up close much that appears in the art history textbooks– and perhaps as many things of equal beauty known only to those who wander the city on foot.

MEET THE TOUR DIRECTOR

Zafi Levy is a 2001 graduate of Williams College, head coach of both Williams men's and women's varsity squash teams since 2003, as well as founder and director of Squash and Beyond Camps. During the summer, you will see Zafi out on the courts coaching the kids, as well as taking part in night activities; all to ensure that everyone has the best Squash and Beyond experience possible.



MEET THE HEAD COACH

A native of South Africa, **Mike Tootill** is the head squash coach at Groton School in MA and head professional at the nearby Cross Courts Club. Mike represented South Africa in four World Team Championships, two World Doubles Championships, and two All-Africa Championships. He was ranked in South Africa's top five for ten years, and has been World Masters Over 35 Champion.



SQUASH AND BEYOND

Since 2003

Since 2003, **Squash and Beyond Camps** at Williams College has been the leading summer squash program in the U.S. Our instructors—some of the best squash coaches and professional players in the world—have helped thousands of young players take their squash game to the next level.

All different programs give young squash players the opportunity to learn and practice their game in a fun and safe environment with the most knowledgeable squash coaches out there.

If you're looking for a summer experience that combines world-class squash training with first-rate opportunities to learn, to grow and to have fun, come join us this summer at Squash and Beyond!



Zafi Levy

FOUNDER/DIRECTOR, SQUASH AND BEYOND
HEAD COACH, VARSITY SQUASH, WILLIAMS COLLEGE

2018 SUMMER SESSIONS

Each squash training session is offered with multiple education or outdoor activities.

JUNE 24 - 29: COLLEGE RECRUITING 1

JULY 1 - 6: SUPER ELITE 1

JULY 8 - 13: SUPER ELITE 2

JULY 15 - 20: ADVANCED ELITE

JULY 22 - 27: ELITE (YOUNGER KIDS)

AUGUST 5 - 10: COLLEGE RECRUITING 2

AUGUST 12 - 17: SUPER ELITE 3

FOR MORE INFORMATION, VISIT

squashandbeyond.com

SQUASH & EDUCATION

SQUASH & MATH

JULY 15 - 20: Session 1 / Ages 12-16

JULY 22 - 27: Session 2 / Ages 10-14

SQUASH & WRITING

JULY 8 - 13: Session 1 / Ages 12-16

JULY 15-20: Session 2 / Creative Writing

JULY 22-27: Session 3 / Ages 10-14

SQUASH & SCIENCE

JULY 22 - 27: Ages 10-14

SQUASH & DRIVING SCHOOL

JULY 1 - 13: Ages 16-18

SQUASH & COMMUNITY SERVICE

JULY 1 - 14: Ages 16-18

SQUASH & COLLEGE PREPARATION

SQUASH & COLLEGE RECRUITING

JUNE 24 - 29: Session 1 (Non-NESCAC schools)

AUGUST 5 - 10: Session 2 (NESCAC schools)

SQUASH & COLLEGE ESSAY

JULY 29 - JULY 6: Ages 16-18

SQUASH & SAT / ACT

JUNE 29 - JULY 6: Session 1 (SAT)

JULY 6 - 13: Session 2 (ACT)

SQUASH & LANGUAGE

SQUASH & FRENCH

JULY 1 - 13: Ages 14-18

SQUASH & SPANISH

JULY 1 - 13: Ages 14-18

SQUASH & OUTDOORS

SQUASH & GOLF

JULY 15 - 20: Session 1 / Ages 12-16

JULY 22 - 27: Session 2 / Ages 10-14

SQUASH & FLY FISHING

JULY 15 - 20: Ages 14-18

SQUASH & MUSIC

JUNE 24 - AUGUST 17: Ages 10-18

SQUASH BOOT CAMP

AUGUST 12 - 17: Ages 13-18

SQUASH & WORLD TOURS

SQUASH & TOUR OF ITALY AND PORTUGAL

JUNE 11 - 25: Ages 14-18