Summer 2017

SQUASH AND BEYOND

Camps | Education | Language | Music | Tours | Outdoors

www.squashandbeyond.com
Dear Squash Players and Parents,

Like its home, Williams College, Squash and Beyond Camps attract young people of many parts. Some are writers or mathematicians. Others have a passion for travel and learning languages. Still others seek opportunities for community service. And there are some who just want to improve their driving skills—whether on the road or the golf course. What connects them all, however, is a love of squash and a desire to sharpen their game, whether it be for next season or a lifetime of playing the game.

Founded in 2003, Squash and Beyond combines squash training with some of the best and most well-known players and coaches in the world with educational and travel programs led by faculty from some of the nation's premier independent schools. Its base is the Simon Squash Center at Williams, a twelve-court facility at the very center of the College's beautiful campus in the Berkshire Mountains of Western Massachusetts. Within a five minute walk is delicious food in the dining hall and at the restaurants that line Williamstown's iconic Spring Street. Not much farther are the cultural attractions of Williamstown: the world-renowned Clark Institute of Art and the famous Williamstown Theater Festival are no more than a casual stroll away. Surely no summer squash camp is located in a more beautiful, cultured and safe environment than Squash and Beyond.

If you're looking for opportunity to not only improve your squash but to test yourself against international competition, or to become a better writer or increase your fluency in a foreign language, or to simply have fun, a Squash and Beyond program should be central to your summer plans. I look forward to hearing from you.

Sincerely,

Zafi Levy
Founder and Director, Squash and Beyond
Head Coach, Williams College Men's and Women's Squash
Helping each group to bond, our recreational programs contribute to a rich and memorable camping experience. Depending on the week and the weather, Squash and Beyond campers will take a break from squash training in one of the following popular activities:

Our partnership with Crab Apple Whitewater provides our campers with the experience of kayaking down the Deerfield River—a great way to see the Berkshires and to spend a warm summer day outside and active. The kayaks are easy to paddle and very stable, allowing campers a taste of white-water kayaking with minimal risk. Single kayaks are great for those 12 years old and over who want the freedom to challenge the river on their own, while bigger boats allow younger campers to enjoy the trip with an adult close by.

Ramblewild, only 20 minutes from the Williams College campus, is the premier aerial adventure park in the Berkshires, set on 10+ dedicated acres in the middle of over 1,400 acres of pristine New England forest. Courses meander from tree to tree at various heights throughout the forest and include elements like high wires, zip lines, balancing logs, rope ladders, cargo nets, suspended bridges, and more. Four of the eight courses cross over the ravine via zip lines that will keep you over 100 feet above the bottom.

Jiminy Peak Mountain Resort, located within a 20 minute drive from the Williams College campus, is the top adventure park in New England. The highlight of the park is the Mountain Coaster, first of its kind on the East Coast. Popular in Europe, the Coaster is thousands of feet of twisting, turning fun through the woods. You control your speed so you may take a leisurely ride or get your thrills at speeds up to 23 mph.

Other highlights of our after-practice programs include an evening soccer tournament, and movie night. In addition, during the hottest weather, we take campers to Bosquet Water Park in the Berkshires to enjoy an afternoon of swimming, miniature golf and go-carting.

To keep young players motivated and energized, we balance intensive squash training with after-practice fun. A mix of group activities offers variety, outdoor exercise, and opportunities for campers to interact socially.
Squash and Beyond is the only camp to offer educational programs as an optional component to the weekly squash program. Led by master instructors from prominent boarding and day schools, many of whom are also accomplished juniors squash coaches, the program offers enrichment courses for students in grades 9-12 and, for rising seniors, classes that address the requirements of the college admissions process. Those who enroll in our educational programs follow the same training regimen as their strictly-squash fellow campers, but arrive two days early to begin their course and then meet for classes each day during a 90-minute lunch break and occasionally after dinner. Each Squash and Beyond educational course is focused on achieving a closely defined objective by the end of the week, whether it be finishing an essay, mastering test-taking skills, or completing a service project.

The educational program for Summer 2017 includes the following courses: Creative Writing, Essay Writing, Writing the College Essay, ACT and SAT Preparation, Statistics, Mathematics, Science, Driving school and Community Service.
The Williams College Squash and Beyond Education program expands in the summer of 2017 to include a Mathematics component for middle school students. As with other Squash and Beyond education programs, our philosophy remains the same: helping students improve their squash game while also promoting their passion for math in a fun environment.

Students will take an entrance exam upon arriving to camp to assess his or her level. All levels will be rigorous and academically challenging, but we will differentiate and pace accordingly. All students will focus on different levels of both algebra and geometry, the foundations of high school mathematics.

Central to the curriculum will be the engaging opportunity to connect math with sports, money, and other real life applications. Specifically, students will explore the concepts of quadratic behavior, which is how the physics of sports can be described mathematically. The parabolas they study will mirror those of a long home run, a field goal in football, an arching three-point basket made in basketball or a lob in tennis or squash. They will also delve into the many geometric shapes found in everyday life, such as compound interest and the basics of probability. There will be games, projects and fun problems, to challenge students on all levels.

**How it works:**

The program will run for seven days, beginning on the Friday before squash training begins. Campers will be provided ten hours of math instruction on the first weekend and ten more hours during the week. During the week campers will participate in a math class from noon to 2 pm. Campers will not miss out on any squash related activities and will attend all evening activities. There will be no homework assignments during the week.

**Meet the Teacher**

Robert Thistle

Robert Thistle is the Mathematics Department Chair at Mount Greylock Regional High School in Williamstown, MA. He has been teaching for 26 years and has taught every high school mathematics course, from Algebra 1 to AP Calculus. Mr. Thistle, who has been on the faculty of the Squash and Beyond Education program for three years, has over a decade of experience teaching SAT/ACT courses.

Mr. Thistle was the winner of the 2014 Kapteyn Award for excellence in teaching, given annually to a distinguished teacher in the Berkshire region. Mr. Thistle is also the boys varsity basketball coach at Mount Greylock.
Meet the Teacher

Jim Moore

Jim Moore chairman of the English department and director of the squash program at Blair Academy, where he is also the faculty advisor to the literary magazine. A writer of fiction and non-fiction, Jim has served as board chairman of Writers & Books, a literary organization with over 5,000 members in Rochester, NY. Before becoming a full-time teacher, Jim directed the college counseling offices at Blair and Savannah (GA) Country Day School; he also served as director of alumni relations at the University of Rochester’s William E. Simon Graduate School Business. Jim earned a BA in English from Cornell University and has been a Squash and Beyond staff coach, writing teacher, and international trip leader since 2012.
Squash and Writing

This hands-on program is designed to help student-athletes ages 13-16 develop the qualities that set the most successful writers apart: enthusiasm, confidence, and curiosity. By experimenting with style, form, and a range of genres from memoir to sports writing, participants will build rhetorical awareness while acquiring a better sense of who they are as writers. During each writing session, campers will write, discuss, and engage in interactive writing exercises, all in a supportive environment. Campers will also receive individualized feedback about their writing from the instructors. The program is limited to 12 participants, and campers will complete a total of 20 hours of writing instruction throughout the week. Writers of all levels are welcome.

The workshop is headquartered at Williams College’s Paresky Center, just above the dining hall, but takes advantage of other inspiring, writing-friendly venues within walking distance of the squash courts and dormitory.

Meet the Teacher & Coach

Chuck Ptak

Chuck Ptak is an English teacher and girls varsity squash coach at the Nichols School in Buffalo, New York. A graduate of both Franklin & Marshall College (B.A.) and Wesleyan University (M.A.), he has also been a Klingenstein Fellow at Columbia University. During his time as a college counselor at Nichols, Chuck spent countless hours working with students on college essay drafting and editing. In addition to his teaching duties, Chuck is also a staff coach at Squash and Beyond.

AJ Kolhepp

AJ Kolhepp earned his B.A. from Trinity College and a Ph.D. from the University of Texas at Austin. AJ has served as the English Department Chair at the Berkshire School and taught all levels of English. In addition to his academic duties, A.J. coaches squash and baseball at Berkshire. In addition to his teaching duties, A.J. is also a staff coach at Squash and Beyond.

How it works:

The Squash and Writing program offers the same level of squash training as any other squash session during the summer at Squash and Beyond Camps, combining twice-daily training with an intensive writing workshop. After dinner, campers will participate in fun outdoor activities through 9 PM. Upon return from the night activities, each camper will be responsible for completing one hour of homework before going to bed. (Note: all Squash and Beyond writing courses require that students bring a laptop to camp.)
The Williams College Squash and Beyond program will expand in the summer of 2017 to include a Science component for middle school aged students. As with other Squash and Beyond education programs, our philosophy remains the same; helping students improve their squash game while also promoting their passion for Science in a fun environment.

As part of the Squash and Science Camp participants will conduct chemical experiments every day in a Williams College laboratory. After an initial introduction to laboratory equipment and techniques, camp participants will begin testing hypotheses through experiments that will reveal fundamental principles of the molecular world.

The topics covered during the week-long experience will include the fundamental nature of all the stuff in the universe, the structure and properties of substances in terms of the forces that hold atoms and molecules together, and the principles of chemical reactivity examined through a variety of chemical reactions.

At the end of each lab the instructors will demonstrate a series of chemical mysteries that will set the stage for the next day's experiments.

How it works:

The program will run for seven days, beginning on the Friday before squash training begins. Campers will take part in ten hours of science labs on the first weekend and ten more hours during the week. During the week campers will participate in a science lab from 12 noon to 2 pm. Campers will not miss out on any squash related activities and will attend all evening activities. There will be no homework assignment during the week.

Meet the Teacher

Charles (Chip) Lovett, PhD.

Since 1985, Professor Lovett has been a member of the Chemistry Department at Williams College, teaching a variety of courses including introductory chemistry, biochemistry, and the chemistry of AIDS. He has also served as Director of the Science Center, Chair of the Science Executive Committee, and Chair of the Science Funding Committee, Chair of the Chemistry Department, the Biochemistry and Molecular Biology Program, and the Bioinformatics, Genomics, and Proteomics Program. Professor Lovett has been director of the Summer Science Program for science-oriented incoming Williams students from disadvantaged backgrounds since 1998. He also conducts a summer science program at Williams for 5th and 6th grade students.
Squash and SAT/ACT

For the seventh year in a row, Squash and Beyond will offer a squash training session combined with an standardized test preparation course. As the SAT and ACT have become increasingly similar, our curriculum is now able to focus on improving campers’ understanding of test strategies for both exams in once concentrated period.

Campers may choose from one of two classes within the Squash and SAT/ACT program: Math or Critical Reading. Each class will be limited to 20 students, so the instructors are able to provide each camper with individual attention. The course is designed for campers entering freshman year in high school or older.

The SAT/ACT course includes two full-length diagnostic SAT exams; one will be sent to all campers prior to the start of the course; the second test will be completed by each camper at the end of the course.

How it works:

The SAT/ACT Math class begins on Friday, before squash-only campers arrive on Sunday. The Critical Reading class begins on Sunday. Both classes meet during the lunch breaks between daily squash sessions.

Meet the Teachers

Robert Thistle (Math)

Robert Thistle is the Mathematics Department Chair at Mount Greylock Regional High School in Williamstown, MA. He has been teaching for 26 years and has taught every high school mathematics course, from Algebra 1 to AP Calculus. Mr. Thistle, who has been on the faculty of the Squash and Beyond Education program for three years, has over a decade of experience teaching SAT/ACT courses. Mr. Thistle was the winner of the 2014 Kapteyn Award for excellence in teaching, given annually to a distinguished teacher in the Berkshire region. Mr. Thistle is also the boys varsity basketball coach at Mount Greylock.

Meet the Teacher

Jim Moore (Critical Reading)

Jim Moore chairman of the English department and director of the squash program at Blair Academy, where he is also the faculty advisor to the literary magazine. A writer of fiction and non-fiction, Jim has served as board chairman of Writers & Books, a literary organization with over 5,000 members in Rochester, NY. Before becoming a full-time teacher, Jim directed the college counseling offices at Blair and Savannah (GA) Country Day School; he also served as director of alumni relations at the University of Rochester’s William E. Simon Graduate School Business. Jim earned a BA in English from Cornell University and has been a Squash and Beyond staff coach, writing teacher, and international trip leader since 2012.

PROGRAM DETAILS:

Dates:
August 4-11

Grade:
High School Sophomore, Junior, Senior
The Williams College Squash and Beyond program will expand in the summer of 2017 to include a Squash and Statistics session for middle school aged campers. As with other Squash and Beyond education programs, our philosophy remains the same: helping campers improve their squash while also promoting their academic enrichment in a fun environment.

We live in the digital age—we spend hours on our phones every day, checking social media, taking photos, and sending messages. The amount of data we generate is staggering: more data has been created in the past three years than in all of human history. Much of this data invades our personal space every day, as we are besieged with headlines, advertisements, and videos on our devices. How do we make sense of the noise and decide how to act? What information can we really trust?

A healthy understanding and appreciation of basic statistics is essential to thriving in this digital age. Squash and Statistics campers will learn how better to distinguish truth by practicing techniques to produce insights from raw data. We will collect data, perform analysis, and communicate results through a series of projects using data sets from professional and amateur/junior squash matches, as well as from more traditionally statistics-rich sports like baseball and basketball. Campers will come home with an appreciation of what lies behind the claims that bombard them every day, as well as tools that could ultimately help them in the college admissions process.

How it works:

This is a seven-day program, beginning the Friday before the squash-only campers arrive. Campers will be complete ten hours of statistics instruction on the first weekend and ten more hours during the week. During the week campers will participate in a statistics class from noon to 2 pm. Campers will not miss out on any squash related activities and will attend all evening activities. There will be no homework assignments during the week.

Meet the Teacher

Eric Katerman

Eric graduated from Williams College in 2002 with degrees in mathematics and philosophy, and earned a PhD in mathematics from the University of Texas at Austin in 2010. Since then, Eric spent six years in the high tech sector, where most recently he was an early employee of a big data startup acquired by Computer Science Corporation in 2013. There, he worked in data engineering and data science, directing an international big data platform team through early 2016. Eric lives with his wife and young daughter in Berkeley, CA and currently coaches the UC Berkeley men’s and women’s squash teams.
Each February, admissions officers throughout the land pore over stacks of documents, searching for something to distinguish an applicant from the thousands of others who present good grades, strong test scores and effusive recommendations. Very often, what creates that distinction is an essay that reveals what transcripts, score reports and even the most thoughtful and observant recommendations do not: a first-hand look at how a student thinks and writes.

The College Essay Workshop is a week-long program for students who plan to apply to college within the next two years. Combining daily squash training with an intensive essay writing workshop, it offers the same level of athletic experience as any other squash session during the summer at Squash and Beyond Camps. By the end of the week, campers will have completed drafts of one main application essay and one supplemental essay.

The workshop is headquartered at Williams College's Paresky Center, just above the dining hall, but takes advantage of other inspiring, writing-friendly venues within walking distance of the squash courts and dormitory.

How it works:

This is a seven-day program, beginning the Friday before the squash-only campers arrive. Campers will write and discuss their work for eight hours during the weekend, then continue to perfect their essays for two hours between squash sessions during the week. After dinner each evening, campers will participate in fun outdoor activities through 9 PM. At night, the campers will spend 60 minutes working on their individual college essay before going to bed. (Note: all Squash and Beyond writing courses require that students bring a laptop to camp.)

Meet the Teacher

Jim Moore

Jim Moore chairman of the English department and director of the squash program at Blair Academy, where he is also the faculty advisor to the literary magazine. A writer of fiction and non-fiction, Jim has served as board chairman of Writers & Books, a literary organization with over 5,000 members in Rochester, NY. Before becoming a full-time teacher, Jim directed the college counseling offices at Blair and Savannah (GA) Country Day School; he also served as director of alumni relations at the University of Rochester’s William E. Simon Graduate School Business. Jim earned a BA in English from Cornell University and has been a Squash and Beyond staff coach, writing teacher, and international trip leader since 2012.
Squash and Community Service

Squash and Beyond Camp has joined forces with the Berkshires Habitat for Humanity affiliate to assist in one of the local building projects scheduled for summer of 2017 in Berkshire County. This unique program is designated for campers age 16 and older who wish to train for squash and provide service to the community at the same time. Through Habitat for Humanity, Squash and Community Service campers will take part in two day-long sessions working on building an affordable home for a deserving member of the community.

Habitat for Humanity, or simply Habitat, is an international, non-governmental, not-for-profit organization devoted to building simple, decent, and affordable housing. Habitat homes are built using volunteer labor and are sold at no profit. While they are on the building site, campers will be supervised at all times by the Berkshire Habitat affiliate program staff.

How it works:

The goal of this program is to combine elite squash training with some of the world’s best coaches and the opportunity to take part in an intensive community service project. Campers will arrive on Friday before the squash-only camp begins, and work all day Saturday at the Habitat site. They will return on Wednesday for another session. As with any Squash and Beyond program, campers will benefit from 30 hours of squash training and take part in our activities each evening.

PROGRAM DETAILS:

Dates: August 4-11
Age: 16-18 years

Squash and Beyond Dates:

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<td>July 2-7</td>
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Squash and Beyond Community Service Dates:

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<td>August 4-11</td>
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Habitat for Humanity

- International, non-governmental, not-for-profit organization
- Devoted to building simple, decent, and affordable housing
- Homes built using volunteer labor
- Sold at no profit
- Campers supervised at all times by Berkshire Habitat affiliate program staff
While it might be nice to think that learning to drive under the watchful eye of a parent is one of those teen-age rites of passage that both parties can look back on with a sort of fond nostalgia, there are reasons for driver’s education classes and a market that supports driving schools. Indeed, involving a third party for driving instruction might very well do more to preserve the equilibrium of the parent-child relationship during the teen years than even sending a son or daughter to camp to improve his or her squash game.

From a purely practical perspective, taking driving lessons during the school year is difficult for most students to schedule. Furthermore, for many young drivers, the prospect of taking the wheel for the first time in busy urban and suburban areas is intimidating.

Given our interest in not only preserving family unity and giving kids a safe, unhurried opportunity to learn to drive, we now offer Squash and Beyond- Driving. Participants in the Squash and Beyond- Driving program will enjoy the same elite squash training while learning to drive through Berkshire-based Dave’s Driving School. Williamstown and the surrounding towns are ideal environment for teenagers to take driving lessons on safe, uncrowded roads.

How it works:

Lessons will be booked early in the day, before training sessions, during lunch break, or after squash each day. Squash and Beyond staff will coordinate all driving logistics for the lessons. During each driving lesson, the student will drive for 1 hour and observe another student driver for 1 hour. Parents pay Dave’s Driving School directly for all lessons.
SQUASH AND BEYOND

SQUASH LANGUAGE @ WILLIAMS

Squash and Beyond is pleased to offer squash programs that combine intensive squash training with foreign language immersion. Hosted for the first time on the Williams campus, each two-week program will enable campers to strengthen their squash games and improve their foreign language skills.

Both Squash and French language and Squash and Spanish language are for campers grades 9-12, offering a fantastic Berkshires setting for language study.

These programs are open to high school squash players who have had at least one year of French language instruction (for the French programs), one year of Spanish language instruction (for the Spanish programs), or equivalent language experience outside the classroom. Our programs are small enough for our language instructors to be able to accommodate a variety of language levels, from second year through advanced.

**Highlights**

- Improve your squash game while training five hours each day.
- Receive 3 hours of language instruction daily
- Gain confidence and skill in speaking French or Spanish
- Enjoy all night activities offered by Squash and Beyond
Squash and Language

¿qué es una “racquet” llamada en español?

Comment dit-on “boast” en Francais?

This year, Squash and Beyond moves its language classes to the Williams campus, where campers have access to our full squash training program and recreational activities. Off the court, they immerse themselves in a non-English-speaking environment, living in the Spanish-only or French-only sections of the dormitory and eating three meals a day at the la mesa español or la table française. Between squash sessions, campers in the French and Spanish sessions engage in formal language classes, taught by experienced language instructors who are either native speakers or have lived for extended periods in French or Spanish-speaking countries. Whether relatively new to the language they study or nearing fluency, Squash and Beyond-Language campers will sharpen both their skills and comprehension with ten hours of instruction during the week and many more of conversational practice.

How it works:

- Two week program
- Intense squash training
- Experienced language instructors
- 15 hours of language classes per week
- 15 hours of conversation per week
- 25 hours of squash training per week
- Participation in all outdoor activities

PROGRAM DETAILS:

Dates:
June 30-July 14

Age:
14-18
How it works:

In the break between squash sessions, campers will take daily lessons from experienced instructors in one of the Center’s 23 practice rooms; following the afternoon squash session, they will have the option to return and practice what they learned during the day. As immersive as it is, the Squash and Music program allows campers to engage in the same squash and social activities as those who are at Squash and Beyond solely to play squash.

PROGRAM DETAILS:

**Dates:**
All summer long

**Age:**
10-18 years

Squash and Beyond-Music offers instruction in piano, viola, ‘cello, trumpet, and guitar. If a camper is interested in instruction in another instrument, it is likely we can find an experienced teacher from among the community of talented musicians who call Williamstown home during the summer.
Squash and College Recruiting is designed for rising high school sophomores and juniors interested in pursuing their squash careers at the collegiate level. Throughout the week, head coaches from five college squash programs will each lead a daily training session and watch all matches. Each evening, the coach of the day will conduct an information session about his school and discuss the best ways for campers to approach the recruiting process.

Meet the Head Coaches

- **Zafi Levy**: Williams College
- **Pat Cosquer**: Bates College
- **Mark Lewis**: Middlebury College
- **Jamie King**: Hamilton College
- **Sakhi Khan**: Colby College
- **Chris Sachvie**: Dickinson College
As much as Squash and Beyond campers love to be on the court, during the summer the call of the Great Outdoors is strong indeed, especially here in the beautiful Berkshires. That is why we are pleased to introduce our Squash and Golf and Squash and Fly Fishing Programs.

Squash and Golf combines our regular world-squash training with professional golf instruction and four rounds at Williamstown’s Waubeeka Golf Club. Squash and Beyond Fly Fishing offers squash in the morning and afternoons on nearby streams and lakes with Orvis-certified fishing instructors who are also accomplished juniors squash coaches. Either choice promises Squash and Beyond campers a memorable week of learning and activity with knowledgeable guides, both indoors and out.
Nothing beat being out on the golf course on a beautiful summer day, surrounded by the backdrop of the beautiful Berkshire mountains.

Designed for the squash player with an additional passion for golf, this seven-day program combines our elite squash training during the week with golf instruction and match play. Four afternoons during the camp, campers will travel to the Waubeeka Golf Links in Williamstown for a round on this pristine course set among the mountains. For those interested in improving their hitting skills, players may substitute a round for a lesson with one of Waubeeka's teaching professionals.

Transportation to and from the golf course will be organized by Squash and Beyond. Throughout the afternoon, all campers will be supervised by two of our staff coaches, who will golf with the group. Players must bring their own golf clubs and golf shoes to camp. All green fees and transportation costs are included in the camp's registration fee.

In this session campers enjoy full participation in Squash and Beyond camps at Williams College during the week of June 30-July 7 (while learning the basics of fly fishing from experts at Orvis, as well as representatives from Trout Unlimited and coaches with years of experience on court and on the water.

Mornings will be spent with top squash coaches from around the world learning techniques and drills guaranteed to improve play. Each afternoon we will travel to area streams and lakes to learn how to cast, to read the water, to choose the right fly and technique, to create flies that catch fish, and to understand how fishing can deepen our connection to the natural world.

The week-long program (Friday to Friday) is limited to 8 campers. Fishing equipment is available on loan, and information on licenses will be provided in advance.

Meet the Guides
Tom Hodgson
Tom teaches philosophy and coaches squash at Andover. He is an avid angler and outdoorsman, spending summers hiking and fly fishing in the Berkshires, British Columbia, and in Montana, Wyoming, and Idaho. Tom holds a B.A. from Williams and an M.A. from Yale.

Meet the Guides
Ramsay Vehslage
Ramsay is a science teacher at the Pingry School, and the founder and head coach of its squash program. He has been an Orvis Endorsed fly fishing guide for ten years and from 1997-2006, he spent his summers guiding for Breckenridge Outfitters in Breckenridge, Colorado. Ramsay holds a bachelor's degree from Connecticut College, where he was captain of the squash team.
Players on our Squash and Beyond World Tours enjoy an exciting, culturally diverse, and challenging training experience. Our campers travel to safe European cities, including Milan, Florence, and Porto or travel throughout New Zealand. On each trip campers will train with the host country’s national team coaches and compete in international “open” junior tournaments.

Our groups train at the most prominent squash clubs in every major city we visit. Playing in these different venues with a diverse, skilled range of athletes from around the world fosters a global network of friendships that can last long after Squash and Beyond campers’ tournament days are over.

Alternating training with cultural exploration, players stay energized and avoid burnout, feeding their enthusiasm for both squash and travel. At each major stop on our itineraries, the group’s leaders arrange trips to two or three of each city’s top cultural sights. After a morning of squash practice, we might visit an historical site or art museum, sample the local cuisine, stroll along a famous boulevard, swim at a local beach, or simply take in some of the world’s most beautiful scenery.
Tour of Italy and Portugal

Play the Italian and Portuguese Junior Opens. Visit famous art museums. Eat amazing food. Go to the beach.

What better way to spend the first two weeks of summer than experiencing southern Europe within the framework of squash, art, and history? Squash and Art History will be structured around training for and playing in the Italian and Portuguese Junior Opens, which draw top players from around the world. In between, we’ll spend our time engaging with art at the museums in Rome and Florence, and enjoying the restaurants and beaches in Riccione and Porto.

Campers train at Italy’s and Portugal’s most prominent squash clubs under the direction of former Italian National Coach Sonia Pasteris. The Italian Junior Open, held at Federazione Italiana Giuoco Squash— the Italian national training center— draws over 160 players each year from every continent. The Portuguese Junior Open in Porto takes place at the Complexo Desportivo Monte Aventino, adjacent to the FC Porto soccer stadium. Our training and competition schedule at both venues will be punctuated by trips to nearby beaches.

Throughout the tour, campers will tour of some of the most venerable art museums in the world, while exploring these ancient cities. The attractions of Rome, Florence, and Porto are almost too numerous to list, but while we’re there we’ll see up close much that appears in the art history textbooks— and perhaps as many things of equal beauty known only to those who wander the city on foot.

Meet the Tour Directors

Jim and Wendy Moore

Jim Moore is chairman of the English department and director of the squash program at Blair Academy, where he lives on campus with Wendy, a clinical psychologist. Their son is a former Squash and Beyond camper and their daughter is a teacher and squash coach in Connecticut. Jim been a Squash and Beyond staff coach, writing teacher, and international trip leader since 2012. In 2015, Jim and Wendy led the Squash and Beyond trip to the Netherlands, where their campers played in the Dutch Junior Open and toured Amsterdam, Rotterdam and The Hague.

Meet the Head Coach

Sonia Pasteris

Since 1997, Sonia has been coaching professionally in Italy. She served as the head squash of the Italian Junior team from 2007 to 2011, and has represented her country in nine European team championships and two world team events. Sonia is currently one of Italy’s top squash players and a member of the WPSA for ten years. The 2017 Italy-Portugal tour will be the fourth international program Sonia has led for Squash and Beyond.

Program Details:

Dates:
June 11-26

Age:
14-18 years

Tournaments:
Italian Junior Open: June 15-17
Portuguese Junior Open: June 23-25
This is the perfect opportunity to visit one of the most stunning and breathtaking country's in the world! A great balance between seeing some of the natural wonders of the world, fun activities and on court coaching involving New Zealand National Coach, Paul Hornsby. Two weeks of action packed touring of New Zealand’s North Island which will be the experience of a lifetime for campers!

Year after year, travellers list New Zealand in the top ten of places they’d like to visit – and you never meet anyone who has been and didn’t love the place. And what’s not to like? With craggy coastlines, sweeping beaches, primeval forests, snowcapped mountains and impressive geysers, the scenery is truly majestic. The forests come inhabited by strange birds that have evolved to fill evolutionary niches normally occupied by mammals, while penguins, whales and seals ring the coast. Maori have only been here for 800 years but retain distinct and fascinating customs overlaid by colonial European and increasingly Asian cultures that together create a vibrant, if understated, urban life.

Given this stunning backdrop it’s not surprising that there are boundless diversions, ranging from strolls along moody windswept beaches and multi-day tramps over alpine passes to adrenaline-charged adventure activities such as bungy jumping, skiing, sea kayaking and whitewater rafting. Some visitors treat the country as a large-scale adventure playground, aiming to tackle as many challenges as possible in the time available.

### Tour of New Zealand

**Dates:**

June 12-26

**Age:**

14-18 years

**Tournaments:**

Auckland Open: June 16-18
Northland Open: June 23-25

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**Meet the Tour Director**

**Zafi Levy**

Zafi is a 2001 graduate of Williams College, head coach of both men’s and women’s teams at Williams College 2003-2013. Founder and director of Squash and Beyond Camps.

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**Meet the Head Coach**

**Paul Hornsby**

Paul is a professional squash coach with over 15 years of experience coaching athletes ranging from junior development to senior professional. Originally from England, Paul now lives in New Zealand, where he became the National Coach in 2011.

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**Meet the Head Coach**

**Mike Tootill**

A native of South Africa, Mike is the head squash coach at Groton School in MA and head professional at the nearby Cross Courts Club. Mike represented South Africa in four World Team Championships, two World Doubles Championships, and two All-Africa Championships. He was ranked in South Africa’s top five for ten years and has been the World Masters Over 35 Champion.
Squash training begins each day with a three-hour morning program, incorporating technical instruction by our head and staff coaches, a fitness session conducted by our strength and training coach and intra-team play. We resume after lunch with more instruction and drills, followed by inter-team match play. During the last day and a half of camp, everyone competes in a team tournament. Throughout it all, campers have the opportunity to drill and play individually with members of the coaching staff.

Non-squash activities at Squash and Beyond-Blair Academy include the opening-of-camp volleyball championship, canoeing or hiking through the nearby Delaware Water Gap, a night at the movies, the traditional Squash and Beyond soccer tournament, and a campus-wide game of Capture the Flag.
Camps
16 training sessions:
June 12-August 19
- 3 Super Elite sessions for advanced players
- 2 Elite session for younger players
- 2 Advanced Elite

Education
Squash and Math
Squash and Creative Writing
Squash and Writing
Squash and Science
Squash and SAT/ACT
Squash and Statistics
Squash and College Essay
Squash and Community Service
Squash and Driving School

Language
Squash and Spanish
Squash and French

Music
Piano, Viola, Cello,
Trumpet and Guitar

College Recruiting

Outdoor Activities
Squash and Golf
Squash and Fly Fishing

World Tours
Tour of Italy & Portugal
Tour of New Zealand

squashandbeyond.com